

Congratulations Healthy Clubs

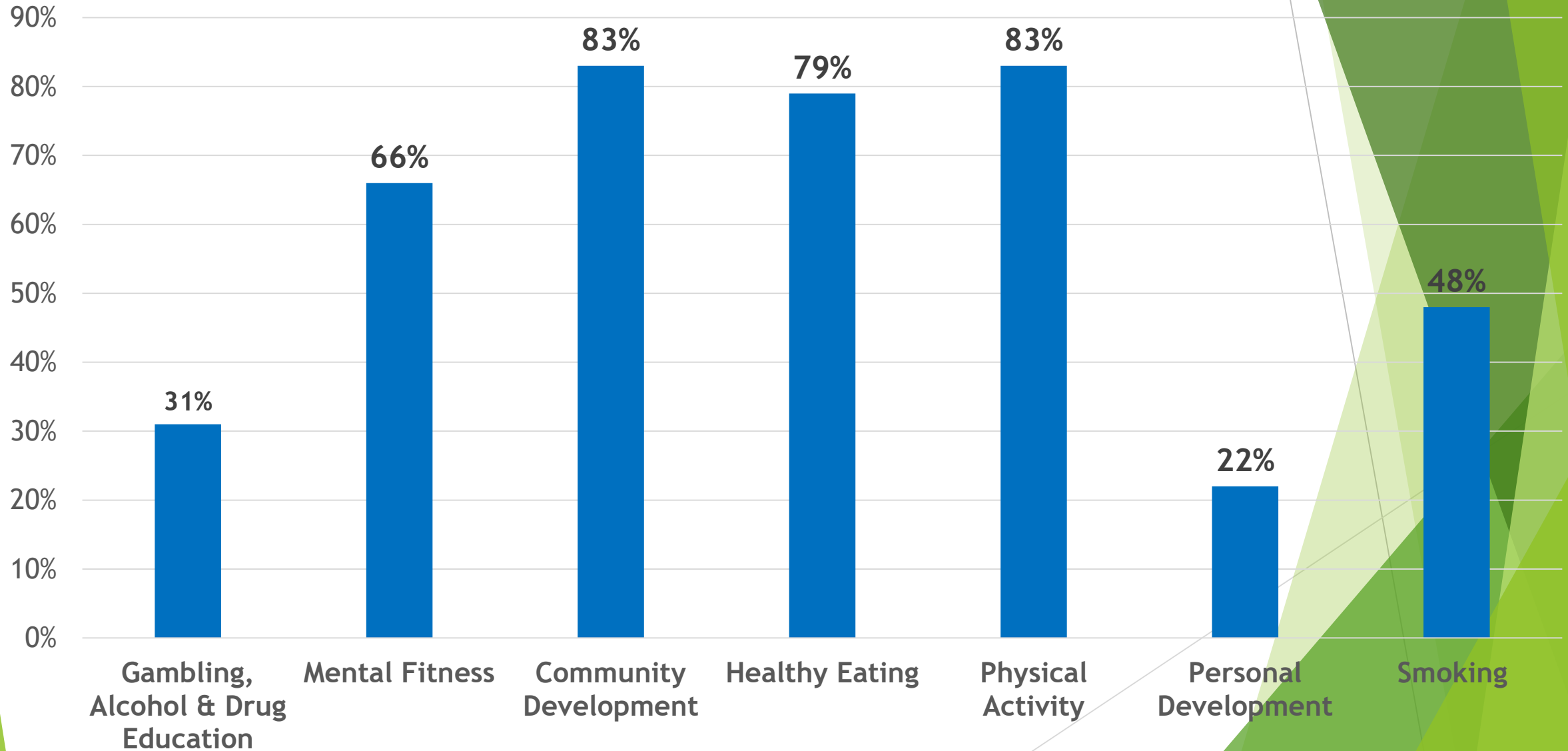


➤ 58/60 Healthy Club Status

➤ Combined Membership:
45,000



Healthy Club Priority Areas



Recipes for Success

32/60 clubs
participated

400 young players
attended Recipes for
Success



Increased Interest 62- 72%
Increased knowledge: 30-
56%

Young men
aged 16- 17
most
common
group

Smoke free GAA Healthy Clubs

Almost 50%
smoke free
Clubs



PARTNERS:

- Local primary schools
- Local smoking cessation officer
- County board

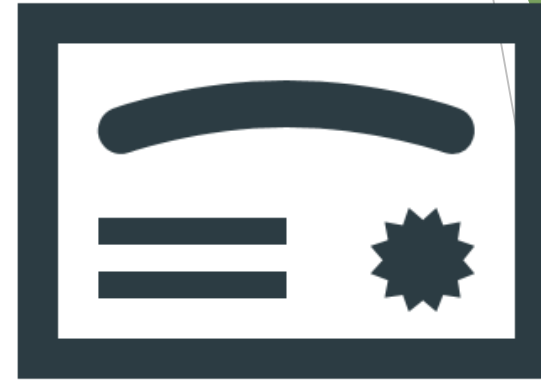
Operation Transformation

**One third of
Healthy Clubs**

**36 stone lost
combined weight loss
from 5 clubs**



Creating Healthier Communities & Saving Lives



- ✓ All clubs with at least one defibrillator
- ✓ All clubs adopted Critical Incidence Response Plan



Phase 2 Learnings

- ▶ Refine Healthy Club model
- ▶ Reduce Criteria
- ▶ Club friendly language
- ▶ Phase 3: focus on 2 Health Priorities & CIRP
- ▶ Various club case studies
- ▶ Stream line the portal
- ▶ Healthy Club Facebook Page
- ▶ HC Provincial Coordinators



portsfile 11 March 2017: Brothers, from left, Cian, Gillian and Dara Geary, from Southern Gaels GAA, Athlone, Co Westmeath, in attendance during the GAA Healthy Club Roadshow - Leinster at Croke Park in Dublin. Photo by Piaras Ó Mhurchú/Sportsfile

STEPS TO BECOMING A HEALTHY CLUB (2 Year Cycle)

Process

Supports Provided

Raising Awareness & Promotion

1

Appoint Healthy Club Officer & Team

- ToR provided
- In consultation with Club Executive

2

Receive Healthy Club Training & Portal Training

- Provided by County Health & Wellbeing Committee (CHWC)
- Healthy Club manual

3

Club Assessment

- Tool provided

4

Community Consultation

- Tool provided & Case Study
- Refer to GAA Healthy Club Priority Areas

5

Develop & Activate Action Plan

- Based on community consultation & CHWC plans
- Template provided and Case Studies
- 2 priority areas

6

Host Local Launch

- Case Study provided
- Adopt Club Health & Wellbeing Statement

7

Review, Report & Reflect

- Report on 2 priority areas
- Tool provided
- What worked well/ didn't work well- Future learnings

HEALTHY CLUB STATUS

HEALTHY BODIES

HEALTHY MINDS

HEALTHY CLUBS

Recognition & Renewal

- ✓ 2 year Healthy Club Cycles
- ✓ Recognition event every 2 years
- ✓ Renewal every 2 years
- ✓ Revisit 7 step process & update portal

Healthy Clubs Portal



Priority Area 2



Priority Area 1

Future Plans

Phase	Date	Clubs
3	2018 (Q1) - 2019 (Q3)	150 (at least 3 in each county)
4	2020 (Q1) - 2021 (Q3)	Open expressions of interest to all 1,600 GAA clubs

Mentoring/ leading Clubs



Ultimate aim- all clubs in Ireland to become Healthy Clubs